# **Surgery Rounds: What to Carry Checklist**

Pocket Guide (1 of 2)

Developed by ACS CMSE Student Resource Task Force Members Andrea Geddes, Brian Monahan, and Ethan Cottrill

pens
penlight/flashlight
stethoscope
trauma shears/bandage scissors

scalpel\*
steri-strips\*

paper tape\*



4x4 gauze pads\*



☐ transparent film dressing (small/med/large)\*



\*= these items commonly found in storeroom

2.0 polypropylene suture\*

reference pocket book

cotton tip applicators\*

☐ suture/staple removal kit\*

☐ large note cards

☐ alcohol wipes\*

☐ ABD pad\*

ABD Pad

## Surgery Rounds: How to Excel

Pocket Guide (2 of 2)

### Before You Start

- · Ask your senior team member their expectations at the beginning.
- Ask the nurse on the floor for access to the stockroom to obtain supplies to carry in your lab coat pocket.
- Ask on the rotation's first day when you are expected to be at the hospital and when rounds take place. Be punctual, enthusiastic, and confident.
- Ask what expectations are for rounding, including how many patients to see, who should you present to, and should you write the patient progress note.

#### On Rotation: Busy Times

- Be willing and eager to take on responsibility. This will show the team that you are engaged and ready for more advanced opportunities.
- Aim to follow 2–5 patients depending on the service, and follow these patients to the OR.
- Know your patients and their course better than anyone on the team. Communicate efficiently with your team about your patients.
- For patient presentations, practice beforehand and prepare to deliver concise information.
- Report information accurately and develop and state your own assessment and plan. Learn from ideas of management and corrections to your plan.

## On Rotation: Down Times

Fold here. Then laminate.

- Ask your team for constructive criticism on patient presentations.
- If time allows or during downtime, teach the team about a topic regarding patients. This will always be appreciated, and shows you are motivated to learn more.
- Before every OR case, review the relevant anatomy. Above all else, know why the operation is or is not indicated.
- Ask the OR staff for leftover suture to practice knot tying. Practice
  opening and closing various clamps with both hands.

Remember: Always tell the truth, even if it has consequences.

