STRONG for SURGERY

BLOOD SUGAR
Control Checklist

ALL PATIENTS

Does the patient have a prior diagnosis of diabetes? ☐ Yes ☐ No

Patient's age > 45? ☐ Yes ☐ No

Patient's BMI U 30? ☐ Yes ☐ No

If YES to any of the questions:

☐ Check fasting blood sugar level on the morning of surgery prior to OR case
☐ If fasting blood glucose level > 200, then recommend use of insulin drip during OR case

DIABETIC PATIENTS DEGREE OF BLOOD SUGAR CONTROL

Hemoglobin A1c level > 7.0%?
OR Has any fingerstick reading in the past two weeks been > 200? ☐ Yes ☐ No

If YES or UNKNOWN:

☐ Referral for diabetes management

DIABETIC PATIENTS

Perioperative management: Will the patient be NPO after midnight? ☐ Yes ☐ No

Is the patient having bowel prep? ☐ Yes ☐ No

If YES, while NPO and during prep:

☐ Stop all diabetic medications except for pioglitazone (Actos)
☐ Reduce (Lantus) by 50%
☐ Check blood sugars frequently and use sliding scale as needed

IMPORTANT NOTICE

These sample checklists are provided for informational purposes only and should NOT be used in the care of a patient outside of a comprehensive preoperative program such as Strong for Surgery. Patients should not rely on information on this checklist as an alternative to medical advice from a doctor or other professional healthcare provider. The logos on the checklists are registered trademarks of Strong for Surgery and SCOAP. To find out how you can start using the Strong for Surgery checklist in your clinic, please contact us at *strongforsurgery@facs.org*.

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