



# Patient Education Partners in Surgical Care

Source	Guidelines	
<b>Informed Consent Guidelines (ACS)<sup>1</sup>(AMA)<sup>2</sup></b>	Nature of illness and course of no treatment Operation description Estimated risks of mortality and morbidity	Complications Benefits Expectation during and post hospitalization Alternative treatments including non-operative
<b>Patients Bill of Rights<sup>3</sup></b>	Promote Interactive Communication Encourage patient participation Increase likelihood that patients will follow the plan	Maximize self care skills and pain management Inform patients about financial responsibilities
<b>Guidelines for Ambulatory Surgery Patient and Family Education (JCAHO, 2005)<sup>4</sup></b>	<b>Pre-operative Education</b> Procedure description Options Risks and benefits Pre and post operative instruction Anesthesia risk Cost	<b>Guidelines for Discharge Instruction</b> Activity level Diet Follow-up care Medication Symptoms to call about
<b>Planning Your Recovery, A Speak Up Safety Initiative* (JCAHO, 2005)<sup>5</sup></b>	<b>Condition Information</b> <ul style="list-style-type: none"> <li>• When you should feel better</li> <li>• Return to and special instructions for daily activities</li> <li>• Degree of assistance</li> <li>• Signs and symptoms to watch for</li> <li>• Home set-up</li> <li>• Professional person to call after leaving hospital</li> </ul>	<b>Medication Information</b> <ul style="list-style-type: none"> <li>• Full list with written directions</li> <li>• Food or drink you should avoid</li> <li>• Side effects, including dizziness or confusion which could lead to falls or forgetfulness</li> </ul> <b>Follow-up care</b> <ul style="list-style-type: none"> <li>• Physical exercise</li> <li>• Wound care directions</li> <li>• Use of special equipment</li> <li>• Follow-up tests and visits and transportation</li> <li>• Insurance review to determine coverage</li> <li>• Home care services or assisted living</li> </ul>
<b>Patient Care Competencies<sup>6</sup> ABMS / ACGME</b>	Communicate effectively Counsel and educate	Use information technology to support patient decisions and patient education

\*Upon patient request, these guidelines must be provided in writing, in a language the patient can understand.

## References

1. Statement on Principles. American College of Surgeons [http://www.facs.org/fellows\\_info/statements/stonprin.html](http://www.facs.org/fellows_info/statements/stonprin.html), Accessed April 6, 2006.
2. Informed consent. American Medical Association <http://www.ama-assn.org/ama/pub/category/4608.html>, Accessed April 6, 2006.
3. President's Advisory Commission on Consumer Protection and Quality in the Health Care Industry: Appendix A; Consumer Bill of Rights and Responsibilities. Final Report. Available at: [http://www.hcqualitycommission.gov/final/append\\_a.html](http://www.hcqualitycommission.gov/final/append_a.html). Accessed April 6, 2006.
4. Joint Commission on Accreditation of Healthcare Organizations. Office Based Surgery Standards Sampler. <http://www.jcaho.org/htba/office+based+surgery/obs+standards+sampler.htm#three> Accessed April 20, 2006.
5. Joint Commission on Accreditation of Healthcare Organizations. Planning Your Recovery. <http://www.jcaho.org/accredited+organizations/speak+up/recovery.htm> Accessed April 6, 2006.
6. Accreditation Council for Graduate Medical Education. ACGME outcome project: General competencies. Chicago II, Accreditation for Graduate Medical Education 2001: (<http://www.acgme.org/outcome/comp/compFullasp>). Accessed April 6, 2006.