

## **SMOKING** Cessation Checklist

## **RISK STRATIFICATION**

Has the patient ever smoked?	🗌 Yes 🗌 No
If YES: Record patient's smoking status	
<ul><li>Current smoker</li><li>Former smoker</li></ul>	
Record number of pack-years (packs per day x years smoking)	
Pack years	
Does patient currently smoke?	🗆 Yes 🗆 No
If YES: <ul> <li>Advise the patient to stop smoking and set quit date within two weeks</li> <li>Quit date</li> </ul>	;
Refer patient to preferred cessation program	
Program selected	
<ul> <li>Freedom From Smoking (ALA)</li> <li>Plan My Quit</li> <li>Become An Ex</li> </ul>	

□ 1-800-quit-now

## IMPORTANT NOTICE

These sample checklists are provided for informational purposes only and should NOT be used in the care of a patient outside of a comprehensive properative program such as Strong for Surgery. Patients should not rely on information on this checklist as an alternative to medical advice from a doctor or other professional healthcare provider. The logos on the checklists are registered trademarks of Strong for Surgery and SCOAP. To find out how you can start using the Strong for Surgery checklist in your clinic, please contact us at *strongforsurgery@facs.org*.



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Version 1.07 Revised 06/20/2017

100+years