

Your Discharge

Medical Professionals' Contact Information

My surgeon's name and number:

My ostomy/WOC nurse's name and number:

Other contacts:

Your Ostomy Care Supplies

Your current pouching system is (company and product number):

Other supplies include (company name and product number):

Have your supplies ordered for you before you leave the hospital. It may take 1 to 2 days for them to arrive. Leave the hospital with several days of supplies in case there is a delay.

Supplies can be ordered through a local medical equipment store or pharmacy or a national Internet order company. Check with your insurance company to see if they have preferred providers. You can also contact the United Ostomy Associations of America (ostomy.org) for suggestions. You may need a prescription for ostomy supplies. If you have home health, they may be assigned to order your supplies. Check with your hospital discharge planner for your specific details for the coverage of the supplies you need.

Notes:
